

Memorable Event For All: Senior Bowling Night Strikes Again At Bowlero

by Mia McMurray, Staff Writer



Seniors bowled and played arcade games, making memories together under the ambiance of the Bowlero arcade lights. (Photo Credit: Mia McMurray)

Cypress High's senior class had a blast at Senior Bowling Night on Monday, September 12th, 2022. The event was held at Bowlero Cerritos for seniors to get together and enjoy their last year of high school.

At 6:30 PM, seniors were greeted with endless arcade games, snacks, and of course, bowling!

Senior **Michelle Kraemer**, described how she is most excited about senior year: "I'm most looking forward to graduating," she said, "and the dances and getting to buy a dress for it." Senior **Kallyn Kumagawa** is also looking forward to graduating and seeing the payoff of all her hard work. Another senior, **Miles Weber**, explained how he wants to make the most of his senior year: "[I want] to finish strong and start applying [for college] and have fun with my classmates... it's the last time I'm really going to spend time with them," he said.

The exclusivity of this event made it an enjoyable and memorable one for Cypress' seniors. "I've been to other school-wide events, but this is pretty new since it's private and just for the

seniors. So, there are more people I know and it's a lot cooler," said **Christian Lopez**. The seniors' unlimited access to games, food and bowling allowed them to personalize their evening. **Isabella Williams**, explained how she and her classmates spent their evening, "We've been all over the place. We've been in the arcade and we've been doing bowling, too."

Along with other seniors, **Francheska Banzil** and **Kaleia Magdaleno** spent most of their evening at the arcade, while **Vincent Heroux** said he spent the majority of his time bowling with friends. This special event was an unforgettable experience for the seniors.

ASB's Senior Class President, **David Chun**, was also at the event. As Senior Class President, Chun took part in the planning of this big event. Chun explained why this event was chosen as the year's first, "Actually, the Senior Luau was supposed to be first, but the vendors were out of town so we had to switch up the Senior Bowling with Senior Luau." In addition, he mentioned that this was his first time organizing a senior event.

In addition to bowling, seniors had the option to play games or just chill together at Bowlero. (Photo Credit: Mia McMurray)

ing, "Enjoy your final year of high school... Have fun, be studious but have fun while doing that. This is a year that you're never going to get back, so take the moments as they come."

Senior Bowling Night was an unforgettable evening. The games, food and bowling made it a terrific experience for the seniors. Thanks to ASB, this event was made possible. The school will be planning more fun events to make the most of the seniors' last high school year.



Alex McDevitt strikes a pose after hitting a spare. (Photo Credit: Alex McDevitt)

Ms. **Sarah Binford**, ASB adviser, was also present during Senior Bowling Night. Along with this exciting event, she mentioned other fun events to come for the seniors. "The traditional Senior Luau will happen in November," she explained. "That's exciting because the Luau's been around since I was in high school at Cypress. The only other senior event that we have that's seniors only is Medieval Times, which is in March."

She explained that the entire district takes part in the Medieval Times event. Ms. Binford concluded with a message to the class of 2023 by say-



New Principal Mrs. Brown Joins The Centurion Family

By Anelina Alegre, Editor-in-Chief



Mrs. Brown is currently serving her first year at Cypress High as our principal, and is already working on improvements for our school. (Photo Credit: Mrs. Brown)

In August 2022, Cypress High welcomed its new principal, **Jennifer Brown**. The students of Cypress are warming up to a new administration as well as new systems and rules that have been introduced.

Her first impression of Cypress was how beautiful the campus is; her son graduated from here, but since then there have been many structural changes to our campus. As the principal, Brown finds joy in hearing the success of Cypress's students and staff. "At principals meetings, I always have something good to share," she says. "I get to brag about this school, and I love letting others know how great cypress is." She loves how welcoming the students here are, and believes that Cypress is already a really great school.

Previously, Brown was the principal at Walker Junior High for four years. One of the prominent differences between working for a junior high and a high school is the bigger population of students. "There's a lot more to worry about," Brown says. "Graduation requirements, A-G requirements, college apps; I share that pressure with the students because I want to support them." Brown also enjoys how high school students are

more open and welcoming to staff than junior high students. She encourages conversations with students and is always happy to know what they're thinking.

As for the changes that have been implemented since the start of the school year, Brown's ultimate goal for these modifications is to make Cypress more secure and safe for students. "I didn't want to make any changes in my first year, but there were definitely safety concerns," Brown says. During the summer, multiple strangers and homeless people would wander onto campus and even harass students during practice, which is why the back gate now remains locked. It upset a lot of people, but it's something that needed to be done to keep the wrong people off campus, and most importantly prevent harm to students. "I can't just do nothing. I have to try and prevent that," Brown says.

The new electronic hall pass system, known as the 5 Star System, was also implemented because of safety. Brown is concerned about the number of problems that went on in the bathroom last year: students doing drugs, going missing, and some even getting assaulted in a school

bathroom. Monitoring students who leave class has lessened those dangers. It's a safety precaution to keep track of students so that every student is accounted for in the case of an emergency.

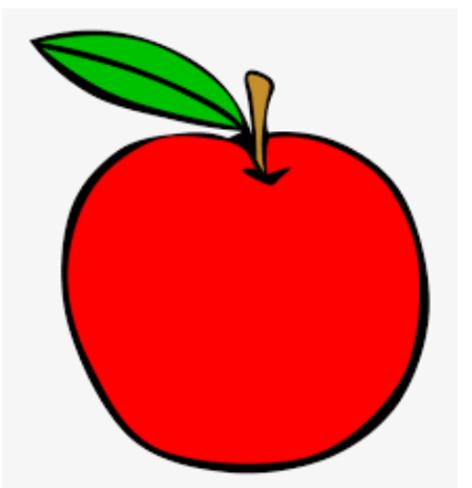
Each new change has its reasoning behind it, and it all boils down to what's best for the safety and success of students. Brown wishes that the "why" of these new systems was emphasized as much as the changes so that students understand why they were put in place. She is aware that people aren't happy with the new rules and systems in place, and she needs to grow "thick skin," because it's hard hearing the not-nice things people say about her.

Brown has come a long way in her educational journey, attending multiple colleges while supporting her family. After high school, she attended Cypress Community College and got her AA degree, then transferred to Cal State Dominguez Hills as a political science major. After marrying her husband, she switched to National University to continue an online education while being a stay-at-home mom. There, she earned three degrees: a bachelor's in global studies, a master's in cross-cultural

teaching, and a master's in reading as a reading specialist. Brown then attended Concordia University for her third master's in educational administration and is currently finishing her doctorate there. It was very difficult balancing school, work, and her family.

Despite having had multiple principal positions, Brown has a real love for teaching. "All I've ever wanted to do since I was a little was be a teacher," she shares. "I miss the classroom so much." Brown loves watching students grow and learn, and also loves debate because it opens conversations about challenging sides. "It's a good thing to be able to have healthy discourse." Brown loves watching students learn, especially when a student's brain is working and she can see that "Aha" moment when they understand something.

Ultimately, Brown wants only the best for Cypress High and is dedicated to whatever can improve it. She believes that Cypress is already a wonderful school, but wants to rise above and do a little bit more. "I want to transcend expectations. Let's be awesome," she says. "That is my goal, to find all the little ways we can be better." She strongly believes that being a good leader means building other leaders, and aims to do what she can to help the students grow as leaders themselves. "I want people to get to know me and know my heart, and I hope they see that my heart is 100% into this school."



Clubs “Rushing” To Recruit New Members

By Alex McDevitt, Distribution Chief

Club Rush happened to open the school year on August 30th - September 1st in the Cypress quad.

At Club Rush, students can join a club, make new friends, and do fun activities. There are so many clubs to choose from and new things to learn from them as well.

Club Rush allows people to join clubs to do activities and lets the students know what clubs are available on campus. **Kiera Desai** the president of the Cypress Media Marketing club and **Hailey Kim** from Senior Citizens Association (SCA) said that the important part about their clubs is hanging out with friends while also getting your volunteer hours in.

Who knows how the friends you make or what you do in the club can help you later in life? Joining a club at Cypress helps students make friends and trying new things they might

never have tried.

Mr. Cobleigh believes that Club Rush is important because it's a way for as many students as possible to get involved.

It's a fun event to show off as many clubs as possible, so all students can find one they like and invite friends to join it too. ASB helps

the clubs out by setting up the tables for them to make their booths. Cobleigh said that the only hard part about preparing for Club Rush would be “getting the students to file the



CSF meets every other Tuesday at lunch. (photo by Alexandra McDevitt)

necessary paperwork” to become a club. It's a lot of work but it's worth it.

The more clubs we have, the more students will be able to find one they like and join. Having students making new friends and learn new things

will allow them to do well in school, and that is the best part of Club Rush.

2022's Freshman Assembly Welcomes All 9th Graders

By Brianna Naranjo, Features Editor



The varsity cheerleaders had to practice their routine even before school started. (Photo Credit: Ms. Takacs)

The month of August brought many joyful events. Among these events was the freshman assembly, which took place in the gym, and this event was very memorable because students had a glimpse of what high school would be like through a series of presenters and slides on August 12, 2022.

Students were entertained by many performances given by the cheer team and the dance team. Their main source of joy was the musical chairs game, which had everybody screaming and cheering for their friends. One of the fiercest competitors was freshman **Alexandria Vandeven**, who demonstrated true “girl power.” In fact, many students agreed that their

favorite part of the event was the musical chairs and the warm welcoming.

9th grader **Adony Moreno-Bruni** said, “This freshman assembly, it was amazing! It was just so good. When I entered the gym I was so flabbergasted. The colors were just so blinding, but in such a good way, you know? It was really an amazing experience for all the freshmen.” **Marlene Sixtos** said, “It was very welcoming. It was a very fun experience, not gonna lie. My favorite part of the assembly was cheer.”

This grand event was organized by ASB. ASB was led by **Sarah Binford**, and included the four ASB freshman members, **Taylor Reese**, **Logan Henderson**, **Kade Shigekawa**, and **Nikesh Patel**. They had been preparing for this event a week before it took place and started to practice their speeches a few hours before the event had started. They had the job of introducing themselves and wishing everyone a happy school year. They were a little nervous about how people were going to react, though. Henderson

stated, “Everybody was worried that it wouldn't be loud enough and hype, but it was actually very good. They were interacting quite a bit, more than we expected.”

At this event, students felt as if they were truly a part of high school life. Many students felt their high school experience had begun and weren't afraid to say how they felt about it. Ninth grader **Sean Lee** said, “I think it has been a great time so far and I'm looking forward to the years that are to come.”

Entering this new stage in their lives, they have new expectations because junior high is quite different from high school. Most students wish to earn good grades, make a certain sports team, and hope to have a good year. 9th grader **Jake Governo** said, “I hope to not fail all my classes.”

This freshman assembly brought everybody much joy and the class of 2026 cannot wait to see what the next four years will bring.

Undefeated (6-0) Varsity Football Is Conquering This Season

By Benjamin Viveros, Staff Writer



Since the Ray Fenton era (2005), Cypress Varsity Football is 130-67. Varsity, led by Coach Rick Feldman, is currently 6-0. (Photo Credit: Brooke Beukelman)

With a record of 6-0, the Cypress High School football team had an explosive beginning to the season.

Cypress has beaten Foothill (27-13), San Juan Hills (35-10), Western (44-20), Katella (40-0), Capistrano Valley High School (41-38), and Tustin (44-20). In practice, they are working hard and with intensity. Even the head coach, **Rick Feldman**,

was named OC Register's Orange County Coach of the Year.

Feldman believes this will be a good year of football with tough competition. Feldman said, "All of the teams we play are good going into league, most people thought Tustin would be the toughest team in the league and Crean Lutheran has been really good so far."

Even though the team is undefeated, there is always a way to improve. Feldman said that they have had too many turnovers this year.

Last year the football team started with a loss, but then went on to go 10-3 overall and 5-0 in league. So far we are undefeated and hopefully stay that way.

On the 9/29/22 CTV Sports broadcast of the Tustin game, players Trevor Monteleone, Aidan Houston, and Matthew Morrell were all mentioned as standouts by commentators **Coach Kevin Dull** and **Coach Mo Pottios**.

In the end, Feldman said, "Our goal is to make them better people off the field and better players on the field. Win with class, lose with dignity. Don't make excuses. And give 100% all the time. When you do those things, the rest kind of takes care of itself."

Water Polo Has A Close Team That Pushes Each Other

By Nicolas Vega, Staff Writer

The Boy's Water Polo team has started off with a rough start of a 1-2 streak, but is expected to wake up and strike back. Boys Water Polo finished 5th in the Empire League last season and **Coach Reihle Saldana** says that the league was very competitive and will be competitive once again this season.

Saldana said that the team has been focusing on defense to stop the teams that scored "one too many" goals last season and to stop counter-attacks.

The team has many strengths, but one that Saldana said will impact the game the most is the teamwork that the boys have. She said, "All the boys are really close, they treat each other like family and just seeing them work

together, they always push each other. I expect great things from them." They are all looking forward to this season but are most excited for the Pacifica game. They lost last year, all because they had a play they just couldn't get their heads around, but they have been preparing and are excited to see how their game plan works out.

Cooper Laws is a Varsity player on the Water Polo team. He has a lot of confidence in his team this season, he says that he thinks that the team is going to do great this season, that they have a lot of seniors on their team and that everyone has been working hard.

He's been on the team for all his four years at Cypress and he's built up a

lot of chemistry with his peers, but one player he's had a lot of chemistry with is **Arlie Henderson**. They've been playing together for four years at Cypress and do great together.

Laws has been practicing solo moves. One of his moves that he is planning on using this year is called a turn: you grab the other player's hips and turn them and they end up on your back. He says that it is very useful. One of the hardest parts of water



Boys Water Polo is reaching for greatness this year! (Photo Credit: Coach Saldana)

polo, according to Laws, is the conditioning. You have to be in really good shape to be getting up and down the pool, but he says that boys are in really good shape this year and are prepared.

Will Cross Country Return As League Champs?

By Talania Wilson, Sports Editor



The girl's team hopes to continue to improve this season. (Photo Credit: Alex McDevitt)

Cypress High School's first Cross Country Meet was on Saturday, September 10, at the Lancer Invite.

Then, on September 29th, they will compete in the important League Prelims, and lastly they have League Finals on October 7th.

Led by new Cypress teacher **Matthew Tweed**, both boys and girls Varsity teams consist of seven runners. Each team has two captains: **Raemon (Andrew) Rodriguez**, **Matt Hwang**, **Mia Rendon** and **Alexis Higa**.

Coach Tweed explained his strategy, "We try to coach both teams together..." Level A is for varsity runners,

or those who want to be our varsity runners. Level B is those who are a notch or two below, like JV and Frosh, and C is brand new or those returning from injury.

Training consists of repeats, which is when runners try to work on pacing. Some days they try to run longer runs, but at a faster pace, and some days they do a long, slow distance, focusing on how far they go, rather than speed.

For meets, each team runs a 3-mile course, and after the five fastest times are calculated, the team with the lowest score wins. Tweed said, "Last

year the boys were league champs" and "There was a really young group of girls, and they just improved over the year."

The individual League MVP, is picked from the top ten runners. Rodriguez was 5th overall last year and making him the highest ranked returner.

Cross country is off to a great start this year, and is hoping to win Empire League again this year.

Girl's Volleyball Remains Undefeated: Close Bond And Communication Between Players Is Key

By Jayden Kay Linayao, Video Editor



Outside hitter Zoey Henson leaps for the spike. (Photo Credit: Jaiden Ramos)

The girl's volleyball teams have reigned undefeated so far this season. On September 20th, all three teams faced the Centurion's rivals, the Fighting Irish, at Kennedy High School. The Frosh team won 2-1, Junior Varsity won 2-0, and Varsity snatched the victory 3-0!

Volleyball is a sport that not only challenges players physically, but also mentally. Three girls from the Varsity team, **Tabitha Ojeda**, **Rachel Millanes**, and **Isabella Ortega**,

agree that volleyball is a psychologically tough sport.

Every position has worries and anxiety about their performance on the court, but they overcome their apprehension in different ways. Millanes and Ortega found that distracting themselves from previous plays and continuing to communicate with their teammates helps calm down their anxiety.

Tabitha Ojeda reminds herself and her friends on the court, "It's okay you got this, we got the next point!" Tryouts were held on July 11, 2022. Ever since then, Cypress has conquered teams left and right all over the district. **Zoey Henson**, senior on the girl's Varsity Volleyball team, reflects back on how she feels after her game against her school's rivals. "I was expecting to do a little bit

better on my part, but as a whole, we won, and it's just another one for the books!"

Henson added some inspiration and motivation for future volleyball players. "Fall in love with the sport while you can, because eventually, it can become a job," Henson admitted. "If you stick with it, good things will come out of it."

Girl's Volleyball is doing outstanding this year. The bond and teamwork between each player is truly inspiring to anybody who comes to watch their games. It's mesmerizing to watch the glimmering white ball spin through the air, and every set leaves you on the edge of your seat.

Tennis Tries To Dominate the Courts Again

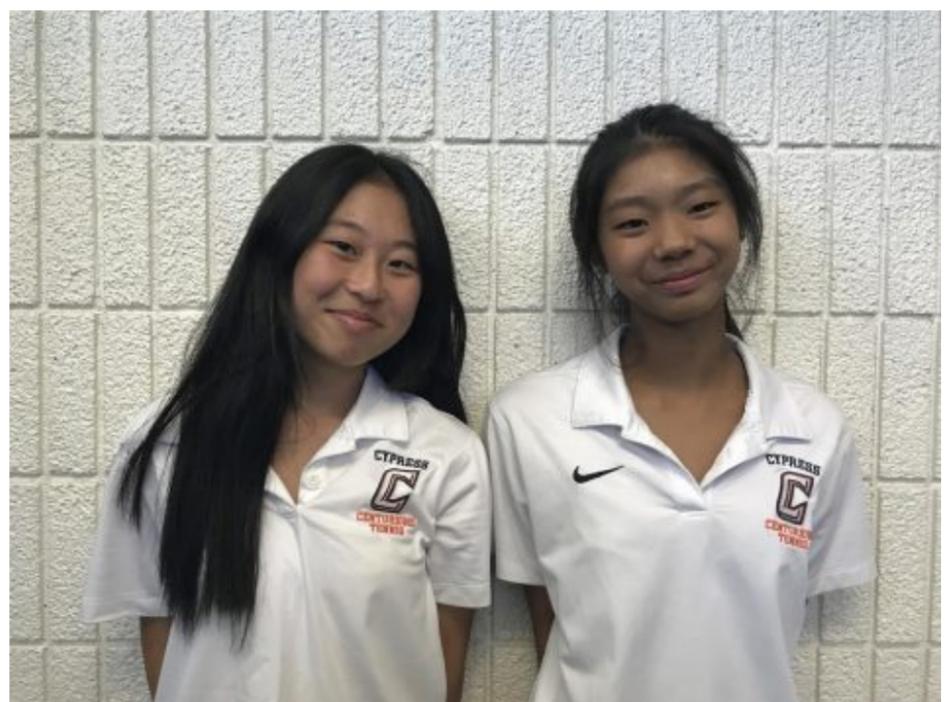
By Deborah Son, Features Editor

The Cypress High School's girl's tennis team is off to a competitive start, winning their games against their rival schools. On October 4, 2022, varsity defeated Pacifica 13-5 and JV girl's varsity tennis team recently won their match with a score of 18-0, continuing their undefeated streak. Preparation to win at anything begins with the warmup.

Jina Song is also a sophomore captain of the JV girl's tennis team and she noticed that the new freshman were skilled players. Song started playing tennis in the summer before seventh grade and her position is doubles two. She said, "Being a doubles starter is fun and even though I get pressured to do well, I think it pushes the adrenaline."

One change from last year is that the team traveled all together before, but this year, only those who are competing that day travel. As a result, Song misses bonding with the team and encouraging them every step of the way. Chaimongkolmanee and Song agree that the most challenging school to play against was Sage Hill because many of the players on the team were injured on that day and were hard to replace. Learning new techniques after playing with other schools is a key part of winning and growing.

Amberly Chaimongkolmanee is a sophomore captain in the JV girl's tennis team, and plays in doubles four. She started tennis four years ago because her friends encouraged her to play. Something she struggles with is the lack of time for homework after games. Therefore, it gets harder for her to make up for the tests and figure out how to catch up. However, she said, "It's worth it because I like that I can interact and play with people on the court." She is hoping to improve on her serves by practicing and taking private lessons.



Jina Song and Amberly Chaimongkolmanee are the JV girl's tennis team captains. (Photo Credit: Deborah Son)

Coach Joe Paul said, "We're doing really well with a score of 10-4. We started out and developed as a team. The new players are ready to mark their spot and step into our league."

The team motto is, "If you are always giving your best you can never expect more." So far, this saying has proven to be successful.

Eleventh Grade Assistant Principal, Eric Tenorio Wants To Make An Impact At Cypress

By Emily Galvan, Staff Writer



Mr. Tenorio is a teacher on special assignment. (Photo Credit: Eric Tenorio)

Mr. **Eric Tenorio** is a TOSA (Teacher on Special Assignment) at Cypress High School. He is the 11th grade assistant principal working in the main office.

Tenorio became an administrator because he “just felt like the opportunity to support an entire school,” as opposed to the 190 students that he would regularly have as a teacher.

He sees it “as a great opportunity to make an even bigger impact.”

Before Tenorio became an administrator, he was an English teacher at Anaheim High School. He says that, “I was a program coordinator at Cal State Fullerton for a college access program that worked with AUHSD. Then prior to that I was a college student at Cal State Fullerton, and in between there I got a Master’s at UCR.” (UC Riverside)

When asked how he has adapted to the switch, he responded, “I would say my position is very different, going from a teacher to assistant principal, although I’d say I’m pretty comfortable here...I love Cypress High School. I really enjoy the diversity and all of the strengths that the different families bring here. I enjoy the staff members, all the people that work here, it’s a very exciting place to be.”

Some things that Tenorio strives to improve at Cypress are making students really believe in themselves

and feeling like they matter, that they have a purpose and a direction. “A lot of times when our students face challenges, sometimes it’s hard to keep on working to overcome that challenge if they don’t feel like they have a purpose and a direction, especially with life after high school.”

He believes that the people here at Cypress are very welcoming and that really helped him feel at home in a short amount of time. “The kids, the students are my main focus so if I’m serving students to me it feels like it doesn’t matter where I am, although Cypress, I love being here, but there are similarities in the experience that a student is having in high school that I love supporting them and helping them out with whatever that might be.”

Tenorio’s advice to students is to “believe in themselves, and when they’re facing challenges there’s always people here to support them and to really use Cypress to make their dreams a reality.”

New AP Ms. Kovar Brings A Wealth of Knowledge

By Kylie Madrid, Staff Writer

Assistant Principal Ms. **Jana Kovar** is one of the newest members of Cypress administration.

Kovar has been an educator and administrator for 24 years (12 years for each), taught at both middle school and high school levels, and was the

softball coach for both. She taught Biology, which she always enjoyed, preferring it over more math-focused classes.

At home, Kovar has an orange tabby cat called McGraw (named after the country singer) and enjoys exercis-

ing and listening to music. She loves her job, even though she is regularly busy, and advises students to never give up on their dreams.

Ms. Kovar was a teacher before she became an administrator. (Photo Credit: Kylie Madrid)



New Teacher Hawkins Loves Teaching Health

By Jonathon Rice, Staff Writer

Ms. **Shelly Hawkins** is a first-year teacher at Cypress High who teaches health science. When asked what her first impressions of Cypress High are, she cheerfully answered, “It’s so clean... and the people are so friendly!”

One of her favorite parts of Cypress High so far is that “the students and the families are involved.”

Hawkins explained that she was transferred here automatically from Loara High, but since her friend Ms. Nielsen worked here she “was excited about that.”

Hawkins’ many strengths as a teacher include “relating to [her] students” and being “pretty entertaining!”

Hawkins never gets bored: “I like being around the students. They keep

me young. Every period is different, so it keeps my attention.”

Ms. Hawkins is the new teacher at Cypress High School (Photo Credit: Shelly Hawkins)



Asst. Principal Boardwine Already Lovin' CHS Campus

By Lauren Kim, Staff Writer

Mr. **Joe Boardwine** is the new assistant principal at Cypress High School. Boardwine's previous jobs before coming to Cypress High included Athletic Director at Redondo Beach Union High, and teacher at Sycamore Junior High. He said that "the vibes were very different." Due to the age gap, he said that "the students' work ethics were much different, but I enjoyed both schools."

in his office all day, he loves communicating with other people and enjoys being around students and staff.

Before working for school districts, he competed in jiu jitsu and won the World Championships before becoming an assistant principal which is a very drastic change. He liked the idea of being on the mat and competing with other people from around the world. The usual type of training needed for jiu jitsu is very challenging. This training includes:

Hinge – Deadlifts, Romanian Deadlifts, Olympic Lifts (advanced athletes only)
Squat – Barbell/Kettlebell Front Squat, Pistol

Press –Overhead Press, Handstand Push-up, Bench Press, Push-up Pull – (Weighted) Pull-up, Barbell/Kettlebell/Dumbbell Row

In his free time, he likes playing his guitar to his friends, family, or by himself, and likes the Americana vibes. Boardwine is looking forward to working with all the students, and can't wait to make more memories with Cypress High.



New AP Mr. Boardwine is a former World Champion in Jiu Jitsu!

Mr. Taylor-History Teacher and World Traveler

By Reid Hulst, Opinion Editor

Brett Taylor is a teacher of five years who instructs juniors and seniors in US History and government at Cypress High School. His love of history stems from his rich passion for travel. "My love of history started when I began to travel the world," he said. He is passionate about traveling and revels in the historical value of foreign cultures. Learning about the history of new friends was the spark that ignited his love for history.

When asked about the change, he responded. "When my teaching journey started, it was after college. I didn't really know what I wanted to do, and as a result I wanted to live and work abroad like my brother, and I fell into living and teaching English in Korea-that was my first real experience with teaching in general."

Taylor taught for a couple years in middle school before being encouraged to apply for a high school teaching position; a longtime goal of his. He got the job and enjoys the community and atmosphere of Cypress. When asked about the new environment, he emphasized: "It's a great community that I'm happy to

be a part of."

After living in Korea for a year teaching English, Mr. Taylor moved back to the Orange County area where he originated. He graduated from El Dorado High School and attended Cal State Fullerton before ultimately getting his credential and Master's of teaching from Hope International University.



Mr. Taylor comes to CHS with teaching experience. (Photo Credit: Reid Hulst)

Ms. Tanara Helping Students Lose Math Anxiety

By Damian Kruger, Copy Editor



Ms. Tanara is already enjoying teaching at Cypress. (Photo Credit: Damian Kruger)

Ms. Lily Tanara is one of our newest teachers at Cypress High School. Tanara teaches Integrated Math 2 and Precalculus with a mixture of sophomores, juniors and seniors. She came to Cypress High School because she likes working with older kids, and younger kids "aren't [her] thing." Tanara, who attended Cal Poly Pomona, likes teaching math because she likes helping people relearn. "Math is usually a subject that people shy away from," she said, "so, I like to help people get more comfortable with it and lose the math

anxiety." Tanara also struggled with math, so that's why she wants to teach it and help people better understand. Tanara added, "Being a new teacher or new in general is always hard." She is thankful that everyone has been super helpful to her. Tanara shared that ever since she came to Cypress in January, she loves being at Cypress. From the kids, staff, and everyone included in the community, she is happy to be a part of it.

ANAHEIM UNION HIGH SCHOOL DISTRICT PRESENTS

COLLEGE & CAREER FAIR 2022

THURSDAY OCTOBER 6

ANAHEIM CONVENTION CENTER

5:00 PM – 8:00 PM
HALL E - LOWER LEVEL

FREE ADMISSION & PARKING (IN CAR PARK 4)

FEATURING:

- UC / CSUs
- Private Universities
- Out of State Universities
- International Universities
- Community Colleges
- ROPs / CTE Pathways
- Trades / Unions
- All Military Branches

TRANSPORTATION TIMELINE

Shuttle buses will start at the times shown below, and run every 40 minutes. The last bus will leave the Convention Center at 8:15 PM.

PICK-UP LOCATION	FIRST PICK-UP TIME	PICK-UP LOCATION	FIRST PICK-UP TIME
Cypress HS Circle Drive	4:30 PM	Katella HS Parking Lot	4:30 PM
Kennedy HS Parking Lot	4:30 PM	Laura HS Circle Drive	4:30 PM
Ponderosa Park	4:30 PM	Magnolia HS Circle Drive	4:30 PM
Paul Revere Elementary	4:30 PM	Anaheim HS Parking Lot	4:30 PM
Western HS Circle Drive	4:30 PM	Sycamore HS	4:30 PM
Saranna HS Circle Drive	4:30 PM		

FOR MORE INFO: [QR CODE]

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El Modena's Loss is Cypress' Gain

By Carly Pedroza, Staff Writer

This 2022-2023 school year, **Emily White** joined the Centurion family as a first year French teacher. Before this, she was a student teacher at El Modena in Orange, for six months. She said, "I wanted to become a teacher to give my students the opportunities that I had, like living abroad and using my French abilities."

White attended Sonoma State for her undergraduate degree, graduating in 2011. She also attended Cal State Long Beach for her teaching creden-

tial that she received in 2022. White also studied abroad in Paris during her time at Sonoma State. Then she returned to France for an additional two years as a nanny, an English assistant teacher, and to work for her exchange program.

Before becoming a teacher, White had worked in the business world for nine years as a sales person. Now at Cypress, she is teaching all four levels of French here at Cypress and says that she can see herself being here at Cypress for a long time. Although

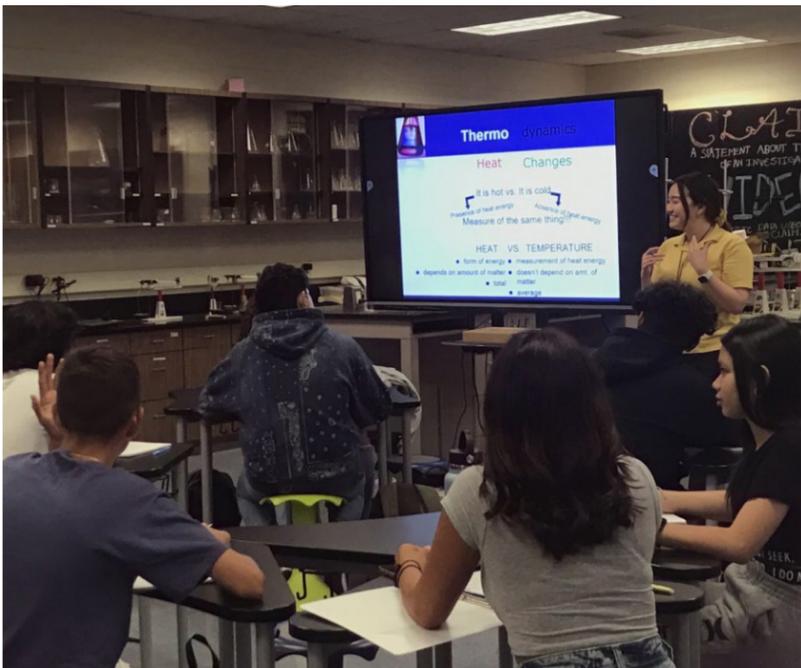
White loves being a teacher, so far the one thing she doesn't love is the long hours, because she says, "It's a 24 hour/seven days a week kind of job, especially as a new teacher." So far, White's experience here at Cypress High School is great. She loves the community, the diversity, and the staff overall.

Ms. White is adjusting after transferring from El Modena High (Photo Credit: Carly Pedroza)



Cypress Grad Is Now Newest Science Teacher

By Brianna Park, Features Editor



Ms. Kim has returned to Cypress to teach chemistry. (Photo Credit: Brianna Park)

Cypress High has a new chemistry teacher, **Ms. Kim**. Legally, she is Margaret Lee because she got married over the summer. She hopes to get her last name to Lee by next school year.

Kim shared that she has been confused with English teacher Mr. Kim, and occasionally gets his mail. Ms. Kim was a student teacher last year, but by chance she got to be an official teacher this year. She used to attend Cypress High and said that as a student, she enjoyed science because she learned about the world. She continued her education at UCSD with a

science major and Cal State Fullerton for teaching credentials. She then moved to Cypress High as a teacher. Ms. Kim shared that her "goal is for students will have fun while they learn science."

Since there are not enough classrooms, Kim shares classes with Ms. Brunet, but surprisingly she enjoys that experience. Kim likes this because she can work with other teachers. Her passion and love for science and her curiosity about how the world works are sure to make this year a success.

Mr. Apps: Two Years Late, But He's Still Great

By Kylie Madrid, Staff Writer



Mr. Apps didn't have to go far to reach Cypress High. He comes from the Long Beach area. (Photo Credit: Kylie Madrid)

Mr. Ryan Apps has been working at Cypress for two years. His World History class is over in the 100 Building, a job which he enjoys and considers important. Apps believes that if even one student takes something away from one of his lessons, or he could help even one of the kids in his classes, it is a good day. Apps grew up around the Long Beach area, and went to the local high school before leaving for Arizona State University. When he's not grading or answering emails, he enjoys golfing, fishing, and playing video games on his PC.



CHS Alum Ms. Jones Returns As Choir Teacher

By Zoe Chung, Front Page Editor

Hollie Jones, the new choir director at Cypress High, has a lot of experience in the choir room. Her role at Cypress High is not limited to being the choir director, but extends to teaching AP Music Theory and Guitar.

Ms. Jones attended Cypress High back when she was a high school student. “I myself was a Centurion. I went here and graduated from Cypress, so it was an appeal to be back at my alma mater...”

Her old choir teacher, Janae Morales (formerly known as Janae West), was also a big factor. As a big inspiration in her life, Morales stayed in touch with Ms. Jones, assisting her throughout college as well as projects. “I got to observe her and other choir teachers in the district when doing my observation hours for college as well. She also called me when the position opened at Katella, and we worked together. She’s just been a really big mentor for me.”

Jones’ prior experiences as a choir director include teaching at Katella High School, as well as being a part of the show choir at Cypress. When asked about the characteristics of choir she could share to her students, Jones shared that it is a very accepting place free of judgment. “I really encourage students to be themselves. We sing, we dance, we do crazy, fun

activities together. It’s just a place where anyone can come together and showcase their talent.”

A few of her plans for the choir throughout 2022-23 include bonding events for students, watching movies, and the four major shows. “We have a fall show, a winter show, their competition show, and their spring show. Their competition show is a showcase in which they will be competing in the second semester, which starts in February.” This particular show is especially something that she looks forward to. “It’s about 5-6 songs back-to-back with no breaks and it really just gets to showcase the kids’ talent. I really look forward to not only seeing my group on stage, but seeing other groups in our surrounding communities in Social.

To Jones, choir serves as a significant rite of passage for high schoolers. Not only does she encourage joining choir but anywhere that can put the students “out there.” “Being in clubs, being in things that maybe interest you, but push you a little bit out of your comfort zone are really a rite of passage for high school because I believe it prepares you for the real world.”

As a young teacher, Jones encountered a few challenges throughout her career, the biggest being her students seeing her more as a friend than a



Ms. Jones is returning to Cypress, this time as a teacher. She came here after teaching at Katella. (Photo Credit: Zoe Chung)

teacher. “They might consider me as a friend versus a teacher, and getting them to shift that mindset and view me as a teacher first has been a struggle, but we’re reaching that point.”

For students that might contemplate joining choir, Ms. Jones advises to not let stage fright prevent them from experimenting between courses. “Watch a choir show, if you see

some things that you like, reach out to me to join. But also know that it’s not as intimidating as it appears to be. Choir is not just one person, it’s working together. You’re not doing it alone.”

New Teacher Daniel Meza Advises Artists To Be Themselves

By Grace Kim, Staff Writer



Mr. Meza is grateful to teach his students. (Photo Credit: Grace Kim)

This year, a new art teacher began the next chapter of his teaching career in room 238. Now starting his 6th year of teaching, Mr. **Daniel Meza** is an as-

piring, talented, and student-loving teacher who loves his family, inspiration, photography, and music.

When he was little, Meza didn’t know what he wanted to do. He tried different things and started to enjoy photography and visual art.

By becoming a photography teacher, Meza found his passion of teaching high school students. Teaching at his first school, Orange High School, made Meza realize that there is just so much that students can do, and there are so many little things you can teach them. The value of teachers helping to navigate students gave him the dream of becoming a teacher who can help high school students discover who they are through art.

“No one will ever be you again, and you are unique in everything that you do; the way to think, your opinions, the way you see the world, even your perspective,” Meza said. “Everyone has a unique voice, and I think art allows you to express that in ways many may not get in any other way.”

During his free time, Mr. Meza loves spending time with his two-year-old son Logan, and his wife, expecting their second son right before Halloween. Outside of this, he also does Brazilian jiu-jitsu, surfs, and even plays bass guitar for a teacher band!

Now that he teaches art, Meza is starting to look at art differently and is advising young artists to be themselves. He believes that those who

are truly being themselves, are the people who are the real trendsetters and tastemakers.

“Really, do your own thing. And even if it is not the best right now, it will get better as you go,” he advises students. He recommends a struggling artist to search Ira Glass The Gap online.

Meza is usually in his room teaching, drawing, and eating lunch with his students. Meza welcomes students to reach out to him, and is glad to help.

CHECK OUT THE CENTURION SPOTLIGHT AT CYPHYPE.COM!

What Do Students Think About the New 5-Star System?

By Millie Damasceno, Entertainment Editor

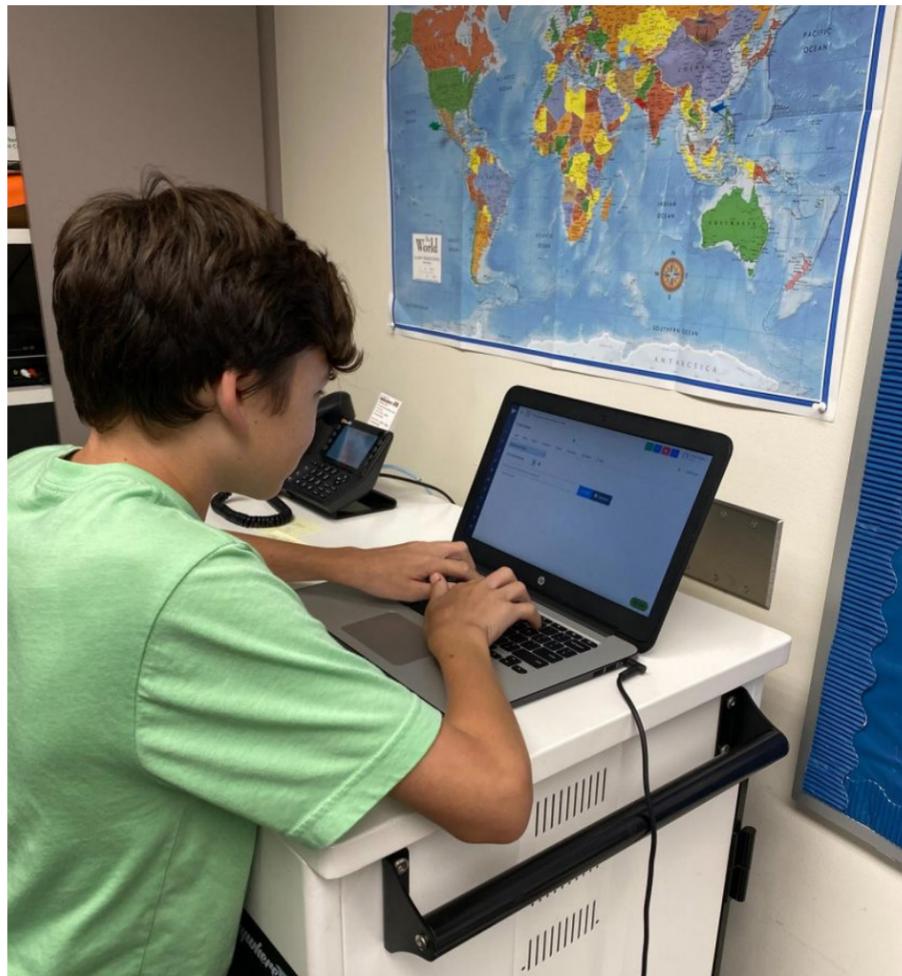
This school year, the Anaheim Union High School District introduced a new system for when students need to use the restroom or leave class. The rule is that in order to leave class, you must enter your student ID into the 5-Star system so security and staff know you left and where you are. However, only 25 students total are allowed to be out at once, and you can only leave for eight minutes max. This new rule is somewhat controversial, as some students feel controlled by it, while others feel like it's necessary for the safety of the students. It may feel as though staff are invading our privacy since if you take longer than eight minutes, they might come check on you and walk you back to class, but it's also important to know where students are in case of an emergency. These two arguments cause most people's opinions to fall somewhere in between.

One senior said: "I feel like it's unnecessary, I prefer how there were less rules last year such as when the dress

code was more open, seniors could leave during lunch if they wanted to eat somewhere, and when you just had to ask the teacher if you wanted to use the restroom. Now it feels a little like a prison."

The 5-Star system is also notorious for its technical issues, as many times it will glitch and delete your hall pass before the time is up. This can also cause problems between students and staff since if your hall pass is deleted, you are technically not allowed to be out of the classroom.

Overall, the idea of knowing where students are when they're not in the classroom is reasonable, but can also come off as invasive to those who aren't used to it, and only time will tell if this new feature will become a regular routine here at Cypress High.

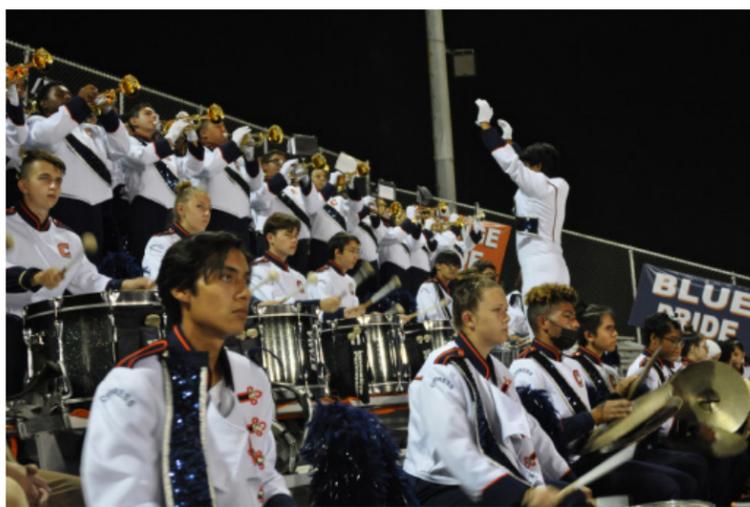


This year, students have to type in their ID numbers into the 5-star system in order to leave class. (Photo Credit: Millie Damasceno)

HOMECOMING GAME PHOTODUMP



Seniors Brett Palmares (above) and Nikki Thach (right) flash winning smiles as they're crowned Homecoming King and Queen of 2022.



Sound in Motion performs in uniform for the first time this year.



Cypress's Theater, Dance, Song, Choir, and Cheer students come together for the halftime show.



Color Guard performs their routine to Sound In Motion's live music at halftime.

SUMMER '22 MOVIE ROUNDUP: Less Covid-19 Means More People At The Movie Theater

This summer gave people a chance to relieve themselves from everyone's "pandemic summer" last year. This year, all the popular movies in production that were set to be released last year, were finally in theaters, for your entertainment!

The first movie that hit theaters as a summer 22 release was "Top Gun Maverick," released May 27th. Starring Tom Cruise and Miles Teller, along with co-star John Hamm.

A reboot of the 80's box office classic "Top Gun." Tom Cruise, who plays Maverick, a Navy Aviator is asked to train a group of Navy graduates to complete a set of tasks regarding a future mission. With only three weeks to train them, he must make sure they know how to execute all the courses perfectly, while given just three minutes before being hit with a missile.

The action-packed family favorite has had everyone fascinated with

how each character is portrayed throughout the film. Freshman Jonathan Rice said, "The variations of aircrafts added to the overall thrill of the movie." Sophomore Hannah Moreau highly recommends the movie as it shows, "team work and the decisions you make disciplining the people you love." Sophomore Leah Rivera said that action movies were not her favorite, but "Top Gun" was an exception because of how dynamic the team acted together.

Freshman **Farah Aqmal** recommends "Buzz Lightyear" because it "showed a theme of determination and gratitude throughout the film." Sophomore **Bailey Hammerlee** begs to differ, arguing the the film documentary "Elvis," starring **Austin Butler** was more intriguing, claiming the actor portrayed the character well and was good at singing.

All of these summer films were highly recommended by Cypress students..



This summer's top movies range from a variety of different genres. (Collage Credit: Juliana Dubois)

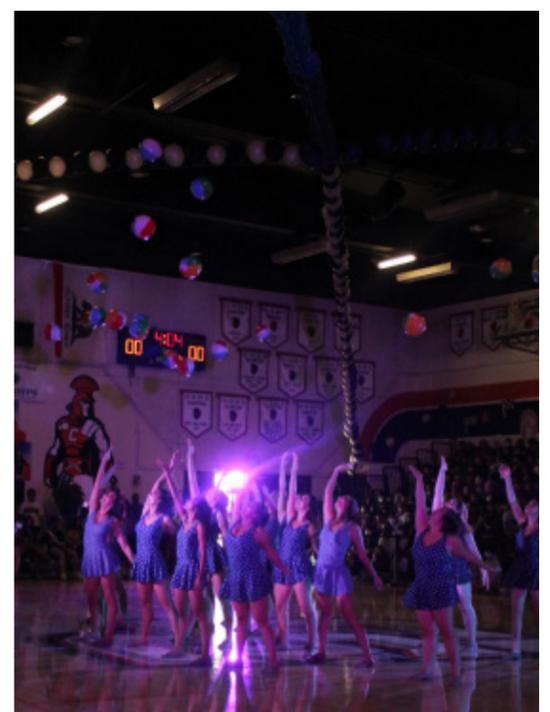
HANG 10 HOCO



The Homecoming Dance was an unforgettabble night of dancing, games and fun. (Photo Credit: Sophia Uy [above], Michelle Kraemer [below])



Lively dances to the songs from Teen Beach Movie got the crowd hyped up during the Hoco Pep Rally.



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